

UpGrade Medical - "Leveled Up Health"				
CONSULTATIONS			PHYSICAL MEDICINE	
DISCOVERY 20 Min (Clinic or Zoom) for general info & inquiries		FREE	Phys Med (Cupping/Scraping)	
LEVELED UP ORIENTATION 20 Min (Clinic) for equipment, Inj. & IV clients		FREE	Localized CryoTherapy Treatment (Pain)	
NEW Personalized Lifestyle Consultation 60 Min (Clinic)		\$350	Cryo Aesthetics:	Single 3-pack 5-pack
MANAGEMENT Visit per 45 Min (Clinic,Tele) for established patients		\$200	Facial (skin tightening)	\$75 \$185 \$300
PROCEDURE Consult 45 Min (Clinic) for a specific issue		\$150	Misc: Acne, stretch marks	\$75 \$185 \$300
QUICK check-in 15 min (Zoom only)		\$35	Neck & Chin (cryo slim)	\$125 \$325 \$550
BLOOD draw or LAB Prep 15 Min (Clinic) UpGrade Labs only		\$25	Upper Arms (cryo slim)	\$175 \$485 \$800
ADMIN 15 Min (Clinic, Tele) quick letters, releases, prior auths etc.		\$35	Thighs (cryo slim)	\$175 \$485 \$800
LEVELED UP CLUB SUBSCRIPTIONS			Hips & Buttocks (cryo slim)	\$225 \$635 \$1,050
Level 1 <i>Amateur</i>	Gym Member Price	Non-Gym Price	Abdomen (cryo slim)	\$225 \$635 \$1,050
	\$99	\$125		
x1 SECA scan, x4 Redlight, x2 Compression Therapy, x2 PEMF sessions, and x2 Cupping/Guasha treatments per month			PAIN & REGENERATIVE PROCEDURES	
Level 2 <i>Pro</i>	Gym Member Price	Non-Gym Price	Trigger Point Muscle Inj	\$125
	\$169	\$189	Ligament/Tendon Inj or Basic Nerve Block	\$150
x1 SECA scan, x8 Redlight, x4 Compressions Therapy, x4 PEMF, and x2 Cupping/Guasha treatments per month			Joint Injection	\$175
Level 3 <i>MVP</i>	Gym Member Price	Non-Gym Price	Vitti exosome matrix (PRP surrogate) - General use	\$425
	\$250	\$299	WJ Pure Worton Jelly & exosome matrix - Targeted Joint	\$1,350
x1 SECA scan, x10 Redlight, x4 Compressions Therapy, x4 PEMF, and x4 Cupping/Guasha and x4 sessions local cryotherapy sessions per month			Add on to any above injection: BPC157	\$185
DISCOUNTS (Single - not valid in combination)			Headache SPG Block	\$400
Partner Plan (same address) 30% off any additional Membership at any Level			Brain Boost SPG w/ Vitti Pure	\$499
Hero Discount (Veteran & 1st Responders) 15% off any Membership			Botox - non aesthetic (per 100 units)	\$1,250
Longevity Discount (Over 60) 10% off any Membership			Pellet Hormone Replacement Therapy:	
CLUB ADDS ONS (per person)			Implant Female (Avg 3x/yr)	\$450
Dive Club Add on	per month add		Implant Male (Avg 2x/yr)	\$650
	\$450		<i>All procedures Require Consultation</i>	
Add a monthly flat fee to any Tiered Membership and get x8 hyperbarics (mHBOT) sessions per month a 30+% discount!	Discount	30+%	SHOT BAR INJECTABLES	
24 Hour Fitness Membership	See Gym Staff for Details		Club Select Shots	Gym/UpGrade Member Non-Member
	Gym membership is available at a special rate for UpGrade Clients. Get yours and enjoy full Gym access.		Methyl or Hydroxy B12	\$25 \$35
Timing for procedure as medically appropriate			B-Complex	\$25 \$35
Billed Monthly - Memberships may be cancelled at any time prior to next billing cycle			Vit C	\$25 \$35
Service session quantities are monthly, NO carry forward rollover.			Magnesium Cl	\$25 \$35
We strongly recommend scheduling your sessions and appointments ahead to avoid wait times and access. Scheduling is first come first serve basis.			Glutathione or NAC	\$25 \$35
LABS & BIOMARKERS			L-car	\$25 \$35
Metabolomix (Urine) Detailed System Analysis		\$425	Taurine	\$25 \$35
Best systems snapshot that combines a variety of tests to analyze nutrition status, oxidative stress, cell energy, inflammation, detoxification, gastrointestinal health, and more. Pairs with custom vitamin formulas!		\$150	Mineral Blend (Mg, Cl, Zn, Mn, Cu, Se) IM	\$25 \$35
Basic Thyroid (Blood Spot)		\$99	Vit D 50,000IU	\$25 \$35
This panel analyzes four important thyroid markers to assess thyroid function		\$99	Select Packs	Gym/UpGrade Member Non-Member
Basic Hormone - Serum via Access/Labcorp (Blood draw)		\$99	3 - Pack Select	\$65 \$95
Quick check on main hormone levels, TSH, FT3, P, E2, T, and Free T		\$99	6 - Pack Select	\$135 \$180
		\$99	12 - Pack Select	\$250 \$345
DBS Nutrition & Wellness (Blood Spot)		\$235	Club Reserve Shots	Gym/UpGrade Member Non-Member
This panel combines several tests to evaluate overall health and nutritional status such as A1c, renal function, lipids, inflammation and Vit B12 & D		\$235	Ultra-Burn Metabolic	\$35 \$45
ZRT Thyroid-CardioMetabolic Profile (Saliva)		\$425	Recovery Amino Blend (GOAL, Citrulline) + added Taurine	\$35 \$45
Offers complete thyroid, hormones, cortisol, inflammation, sugar markers and lipids		\$425	Tri-Immune (Glutathione, Vit C, Zinc)	\$35 \$45
Adrenal Stress / Cortisol Panel (Saliva)		\$145	Relax (GABA, Mg, Cl, Taurine, Theanine)	\$35 \$45
Looks at cortisol production to assess fatigue, degree of stress and sleep patterns		\$145	Allergy (NAC, C)	\$35 \$45
Comprehensive Plus (male/female) - Serum via Access/Labcorp (Blood draw)		\$500	Reserve Packs	Gym/UpGrade Member Non-Member
Includes metabolic markers and complete hormones (CMP panel, thyroid, sex hormones, growth hormone, iron, A1c, and gender specific markers like PSA)		\$500	3 - Pack Reserve	\$95 \$120
GI Map with zonulin MicroBiome Analysis (Poop kit)		\$465	6 - Pack Reserve	\$180 \$215
Looks at your overall gut health - what "bugs" you should or should not have, digestive strength, gut inflammation and degree of "leakiness"		\$465	12 - Pack Reserve	\$345 \$399
Food Sensitivity Panel (Blood spot)		\$185	Mito Shots (NAD+)	Gym/UpGrade Member Non-Member
Tests common foods for immune response		\$185	NAD+ 50mg	\$50 \$75
3x4 Genetic Blueprint		\$450	Mito Packs	
Endorsed by the Institute of Functional Medicine (IFM). Looks at multiple biological processes governing health and disease. Provides personalized insights in context to 36 gene variants		\$450	3 - Pack Mito 50mg	\$135 \$200
		\$450	6 - Pack Mito 50mg	\$245 \$385
		\$450	12 - Pack Mito 50mg	\$450 \$750
SINGLE SERVICE PRICING			Club Rx	Gym/UpGrade Member Non-Member
SECA Body Metabolic Scan		\$10	Toradol (ketorolac) 30-60mg - pain & inflame	\$35 \$45
Vascular Health Screening		\$50	Orphenadrine 15-30mg - muscle relaxant	\$35 \$45
RedLight Photobiomodulation (Full Body) 15 min		\$15	Zofran (ondansetron) 4-8mg - nausea	\$35 \$45
NORMATEC Compression Therapy		\$20	Peppid (famotidine) 10-20mg- reflux/heartburn	\$35 \$45
Pulsed Electro Magnetic Field (PEMF)		\$20	Benadryl (diphenhydramine) - 25-50mg	\$35 \$45
Hyperbaric - mHBOT (1.4 ATA at 98% O2)		\$85	Allergy: Kenalog + benadryl	\$50 \$75
		\$85	Pain 1: Ketorolac & Orphenadrine	\$50 \$75
		\$85	Pain 2: Ketorolac + Kenalog	\$50 \$75
Timing for procedure as medically appropriate			Club Scripts Requires Provider Authorization and/or Basic Screening	
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Prescription PEPTIDES (requires consult)	Gym/UpGrade Member	Non-Gym Price	Prescription PEPTIDES (requires consult)	Gym/UpGrade Member	Non-Gym Price
Performance & Optimization					
CJC1295/Ipamorelin Inj. 5mg (Growth Hormone Stim)	\$150	\$165	Mechano Growth Factor (MGF) 5mL inj	\$275	\$300
LR IgF1 Inj. (Growth Hormone Surrogate)	\$195	\$225	DSIP Inj. (deep sleep, endometabolic, antioxidant)	\$150	\$165
Inflammation/Repair					
BPC157* 500mcg/mL Inj (Pain/Repair- all organs)	\$185	\$200	ARA290 10mg/mL 6mL course Inj	\$325	\$350
BPC 157 500mcg capsule #60 (2x/d)	\$145	\$160	Thymulin/Thymosin A-11/Oxytocin 12mL Nasal	\$275	\$299
Thymosin Beta 4 - Full chain Inj. (Tissue Repair/Immune)	\$185	\$200			
Adaptogen/Energy			Adaptogen/Energy		
Synapsin (Rg3-ginseng/NAD+) 12 mL Nasal	\$250	\$265	MOTS-C 20mg Inj. (Mito/Energy/Insulin) 3 wks	\$125	\$140
			SS31 40mg/mL Inj. 3mL	\$345	\$360
Immune			Immune		
Thymulin 12mL Nasal	\$195	\$210	Thymosin Alpha* 1 Inj. (Immune mod, anti-microbial) or TA11	\$275	\$300
Neuro/Brain/Mood			Neuro/Brain/Mood		
Pinealon 200mg capsules	\$200	\$215	Cerebrolysin (all Neuro) - Porcine	\$200	\$235
Brain Boost (Pinealon/ Thymulin/ GHK) 6mL Nasal	\$225	\$250	Selank/Semax Combo 1.25mg/mL 10mL Nasal	\$185	\$200
Selank 10mL Nasal	\$145	\$160	Oxytocin 40iu per spray 12 mL Nasal	\$89	\$99
Metabolic			Hormone Support		
Metabolism trochee (5A-1M/Q/ NAD+/ Methyl-B12) #30	\$195	\$215	HCG 1000iu (Pregly- commercial) Inj	\$335	\$350
ProLon Fasting mimicing Diet Kit (5 days)	\$499		Kisspeptin (Pituitary Stimulator) Inj.	\$175	\$190
BioRegulators (Capsules #20)					
Heart (Chelohart peptide complex for the myocardia)	\$60	\$75	Weight Loss		
Liver (Peptide complex A-7 Svetinorm for liver synthesis)	\$60	\$75	Semaglutide 2.5mg/mL inj 2mL start dose titration (3-6 weeks)	\$250	\$275
Kidney (Pielotax peptide complex to regulate function)	\$60	\$75	Semaglutide 5mg/mL inj. 2mL maintenance Dosing (1month at max dose 2.5 mg/week)	\$325	\$350
Sexual Health			Sexual Health		
Bliss Scream Cream 10g (PT-141/ Sildenafil/ Nitroglycerin/ Arginine/ Peppermint Oil)	\$110	\$125	Semaglutide Oral Rapid Dissolve Tabs 500mcg #30	\$185	\$199
			Tirzepatide 2mL inj. (10mg/mL) (GIP/GLP1) 2 weeks - 1 mo	\$375	\$399
			3 month course semaglutide inj. at max 2.5mg /week 6mL's	975	999
Anti-Aging & Aesthetics					
Ageless Cream (Acetyl Hexapeptide-8/ GHK/ Ferulic Acid/ NAD+/ Niacinimide)- hypoallergenic	\$175	\$190	Sexual Health		
Anti-Aging toner/cleanser (DMAE + Panthenol + Bisabolol + Aloe Vera Foaming Cleanser)	\$85	\$95	Sexual Health		
Eye Lift Cream AM (Acetyl Hexapeptide-8/ Bisabolol/ Caffeine/ Green Tea/ Niacinimide/ Vit E/ Vit K)	\$95	\$105	Bliss Tabs PT-141/ Oxytocin/ Tadalafil "500mcg/100iu/ 2mg (F) or 20mg (M) #10 RDT	\$85	\$99
Moisturizer Correct PM (Bisabolol/ Caffeine/ Ferulic Acid/ EGCG Green Tea/ Vit E/ Vit K/ Palmitoyl Pentapeptide-4/ NAD+)	\$95	\$105	Bliss Nasal Oxytocin/ PT-141 300iu/2mg/mL 6mL	\$165	\$185
AM/PM Combo	\$175	\$195	Anti-Age / Gene Modulation		
Lux Lash & Brow (Acetyl Hexapeptide-8/ Bisabolol/ Caffeine/ Green Tea/ Niacinimide/ Vit E/ Vit K)	\$95	\$110	Epitalon (DNA/Telemere) inj 2 vials = x10/d Course 100mg total	\$550	\$575
Hair Loss Foam (Minoxidil 5% / Finasteride 0.1%)	\$85	\$99	GHK-cu Inj. (Diverse-bioregulator/Tissue repair/Genome homeostasis)	\$165	\$180
Hair Restore Foam (GHK(Cu) 5mg/Zn-Thymulin 5mcg) 50mL	\$130	\$150	Restore Trochee (Pinealon + Sermorelin + Melatonin + Theanine) #30	\$165	\$175
Hair Kit Combo:	\$195	\$225	Rapamycin 2.5mg oral #20	\$165	\$175
Cellulite Buster Cream (GHK/ PhosphatidylCholine/ Estriol/ CoQ10/ Caffeine/ Retinol/ Vitamin E/ Emu Oil)	\$165	\$185	Rapamycin cream 30g	\$85	\$99
<i>*Injectables come with Bacteriostatic water to reconstitute (syringes separate)</i>					
IV Therapy		Gym/UpGrade Member	Non-Member	IV Therapy	
IV Push				Club Premium IV's	
Glutathione Antioxidant / detox Push	\$50	\$65		Plaquex Cell Restore (Phosphatidylcholine)	\$175 \$190
Magnesium Muscle Push	\$50	\$65		PolyMVA cell blance & Immune (palladium bonded to ALA, Vit B1, B2 & B12, methionine, plus trace amounts of molybdenum, and ruthenium)	\$175 \$190
Club Select IV's				Curcumin	\$175 \$190
Get up and Go Energy Boost (Vita Mix, Methyl B12, Taurine) in D5W	\$85	\$99		Methylene Blue in D5W (Mitochondria)	\$175 \$190
MetaboBoost (MIC & L-Car with B-Complex (B1, B2, B3, B5, B6) & B12)	\$85	\$99			
Chillax (GABA, Manesium, Taurine, Theanine)	\$85	\$99			
Immune Shield (Glutathione, Vit C & Zinc)	\$85	\$99			
Club Reserve IV's				Club Elite Series IV's	
Wellness Boost (B-Complex (B 1,2,3,5,6), hydroxyB12, Mg, Cal, C & GSH .. or..Vita mix, Mineral blend, C	\$120	\$135		NAD+ 250-500mg Anti-aging	\$250 \$275
Recovery & Repair in LR (B complex- B1, B2, B3, B5 & B6, Vit C, Aminos- Glutamine, Arginine, Ornithine, Lysine, Citrulline, Carnitine, Minerals- Magnesium, Zinc, Manganese, Copper, Selenium	\$120	\$135		UV IV	\$250 \$275
Brainstorm (B12- Hydroxy, Taurine & Alpha- Lipoic Acid)	\$120	\$135			
ReBoot (Hangover) in LR (Odansetron 1mg, B1, B3, B5 & B6, Magnesium, Zinc, Manganese, Copper, Selenium	\$120	\$135		EvoPure Plus 75 Billion nanoexosomes	\$2,850 \$2,975
Club Rx IV Add On				Upgrade IV Packs	
Ketorolac (Toradol) 30-60mg (pain relief & anti-inflammatory)	\$35	\$45		x3 IV's 3% off	
Orphenadrine (Norflex)15-30mg (muscle relaxant)	\$35	\$45		x5 IV's 5% off	
Ondansetron (Zofran) 4-8mg (nausea)	\$35	\$45		x10 IV's 10% off	
Famotadine Pepcid) 10-20mg (reflux/heartburn)	\$35	\$45		<i>Elite Series Not Included</i>	
Diphenhydramine(Benadryl) 25-50mg (allergies)	\$35	\$45			
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<p>1. Specialty items such as peptides, exosomes, IV's etc. may be being used off label and or should be considered experimental or for research purposes only- filling of Rx grants consent. Please discuss any concerns with your provider. 2. Rx's subject to availability - we may substitute per Dr. order for equivalent to ensure continuity of care should sourcing cause delay. 3. Sales are final for cash items needing to be ordered, once order is placed NO refunds. We cannot trade or replace an item if you have not utilized or the item has expired. 4. Coverage for ALL services is the responsibility of the patient. 5. Prices subject to change</p>					